FROM THE EDITORIAL BOARD | Kavita K. Patel, MD, MS

he opioid epidemic is one of America's greatest public health crises, with approximately 131 opioid overdose deaths each day. The effects of the opioid crisis are costly—an estimated \$504 billion in 2015—placing burdens on families, the workplace, and communities. As awareness increases, there have been a number of important steps to begin tackling this overwhelming problem, including broader access and education around naloxone, medication-assisted treatment, encouragement of integrated behavioral health resources in primary care settings, and efforts to decrease the associated stigma.

AS EACH HOUR OF THE OPIOID EPIDEMIC PASSES BY AND NEEDLESS DEATHS OCCUR, MORE PRACTICAL RESEARCH WILL BE REQUIRED TO INFORM ALTERNATIVE PAYMENT MODEL DEVELOPMENT.

> Despite this, we still face incredible challenges, including how best to identify policies and practice-based interventions at the provider level; many providers have still been reluctant to tackle this complex issue, particularly in primary care or emergency/urgent care settings in which the throughput of the organization is a key metric. In a fee-for-service (FFS) environment, where volume is prioritized and individual compensation is tied to relative value units, this can result in the "7-minute clinic visit," often with very little time to address the complex nature of opioid use and substance disorders, much less screen for patients who are at high risk of opioid misuse and abuse. Compounding this barrier is the highly fragmented nature of most of our clinical care environments: disparate medical record systems, systems that rarely communicate, and the burden of coordination left in a patient's hands with little to no guidance other than random luck or chance that a staff person or provider is able to help navigate various channels.

As our country tries to move from volume to value, it is important to understand if such a transition might indeed have an effect on improving the experience of patients at high risk for opioid misuse/use and, ultimately, their health outcomes. The Center for Medicare and Medicaid Innovation (CMMI) has started to align incentives for value-based care and the multidisciplinary integrated environment for Medicaid beneficiaries who are pregnant. Still in its early stages, the Maternal Opioid Misuse (MOM) model will leverage CMMI's significant authorities granted by the Affordable Care Act in an effort to promote integration and coordination with financial

> incentives for the state and care partners. The fact that the initial value-based models are in Medicaid is not by chance; a large proportion of opioid deaths occur in the Medicaid population. As managed care Medicaid increases its dominance throughout the country (it is estimated that more than 50% of the states have at least 85% of their eligible population in a managed care organization), a natural experi-

ment is taking place to answer whether increased management of care is better than traditional FFS.

In this issue of The American Journal of Managed Care®, Jayawardhana et al offer important insights in the Georgia Medicaid population with respect to opioid prescribing practices and in doing so, have identified that, at least in 1 state, it would appear that FFS patients fare worse than those in managed care environments. Certainly, a number of confounding variables are present, including how to best account for the differences in observable traits, but the notion that the degree to which your care is managed or incentivized by a different mechanism than FFS could affect outcomes should be a clarion call for policy makers to explore what aspects of management are important and how to scale such practices even in a FFS setting. As each hour passes by and needless deaths occur, there is little time to waste and more practical research will be required to inform alternative payment model development in the United States.

Mission Statement

The American Journal of Managed Care® is an independent, peer-reviewed forum for the dissemination of research relating to clinical, economic, and policy aspects of financing and delivering healthcare. The journal's mission is to publish original research relevant to clinical decision makers and policy makers as they work to promote the efficient delivery of highquality care.

Indexing

The American Journal of Managed Care® is included in the following abstracting and indexing sources:

- > Medline/PubMed
- > EMBASE/Excerpta Medica
- Current Contents/Clinical Medicine
- Science Citation Index Expanded
- Current Contents/Social & Behavioral Sciences
- Social Sciences Citation Index
- Cumulative Index to Nursing and Allied Health Literature (CINAHL)
- International Pharmaceutical Abstracts (IPA)
- Physiotherapy Evidence Database (PEDro)



Opinions expressed by authors, contributors, and advertisers are their own and not necessarily those of Managed Care & Healthcare Communications, LLC, the editorial staff, or any member of the editorial advisory board. Managed Care & Healthcare Communications, LLC, is not responsible for accuracy of dosages given in articles printed herein. The appearance of advertisements in this journal is not a warranty, endorsement, or approval of the products or services advertised or of their effectiveness, quality, or safety. Managed Care & Healthcare Communications, LLC, disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the articles or advertisements.

The American Journal of Managed Care® ISSN 1088-0224 (print) & ISSN 1936-2692 (online), UPS 0015-973 is published monthly by Managed Care & Healthcare Communications, LLC, 2 Clarke Drive, Suite 100, Cranbury, NJ 08512. Copyright © 2019 by Managed Care & Healthcare Communications, LLC. All rights reserved. As provided by US convright law, no part of this publication may be reproduced, displayed, or transmitted in any form or by any means, electronic or mechanical, without the prior written permission of the publisher. For subscription inquiries or change of address, please call 609-716-7777 or email Jon Severn at circulation@mjhassoc.com. For permission to photocopy or reuse material from this journal, please contact the Copyright Clearance Center, Inc, 222 Rosewood Drive, Danvers, MA 01923; Tel: 978-750-8400; Web: www.copyright.com. Reprints of articles are available in minimum quantities of 250 copies. To order custom reprints, please contact Gilbert Hernandez, The American Journal of Managed Care®, ghernandez@ajmc.com; Tel: 609-716-7777. Periodicals class postage paid at Princeton, NJ, and additional mailing offices. POSTMASTER: Send address changes to: The American Journal of Managed Care®, 2 Clarke Drive, Suite 100, Cranbury, NJ 08512. Subscription rates: US: Individual: \$239; institutional: \$359; Outside the US: Individual: \$359; institutional: \$479. single copies: \$35 each. Payable in US funds. The American Journal of Managed Care® is a registered trademark of Managed Care & Healthcare Communications, LLC. www.ajmc.com • Printed on acid-free paper.