

## Best Practices for Treating Parkinson's Disease: A Focus on Symptoms and Considerations for Managed Care

This supplement to *The American Journal of Managed Care* reviews the economic and quality of life burden associated with Parkinson's disease (PD). The rationale behind the early diagnosis and treatment of PD is also discussed, with a focus on recognition of nonmotor symptoms of PD and the implications for early therapeutic intervention.

### ■ Faculty

#### **Deborah F. Boland, DO, MSPT**

Fellow  
Movement Disorders Center  
Division of Neurology  
Department of Medicine  
Duke University  
Durham, North Carolina

#### **Daniel L. Murman, MD, MS, FAAN**

Director of Behavioral and Geriatric Neurology Program  
Associate Professor  
Department of Neurological Sciences  
University of Nebraska Medical Center  
Omaha, Nebraska

#### **Fernando L. Pagán, MD**

Director of Movement Disorders Program  
Associate Professor of Neurology  
Department of Neurology  
Georgetown University Hospital  
Washington, DC

#### **Mark Stacy, MD**

Professor of Neurology  
Vice Dean for Clinical Research  
Division of Neurology  
Department of Medicine  
Duke University  
Durham, North Carolina

### ■ Disclosures

These faculty report relationships with the following organizations:

#### **Fernando L. Pagán, MD**

*Consultant/advisory board:*

Allergan, Avanir, GlaxoSmithKline, Ipsen, Medtronic, Teva  
Neuroscience, US WorldMeds

*Grants:*

Medtronic, Teva Neuroscience

**Mark Stacy, MD**

*Consultant:*

Allergan, Chelsea, General Electric, GlaxoSmithKline, Merck, Merz, Neuronova, Novartis, Noven, Osmotica, SK Life Sciences, Teva, UCB

*Grant/research support:*

Ceregene, IMPAX, Michael J. Fox Foundation, National Institutes of Health, Novartis, Parkinson Study Group

*Protocol steering committee:*

Allergan, EMD Serono, Teva

*Royalties:*

Informa Press (publisher of *Handbook of Dystonia*)

*Safety monitoring board:*

Neurologix

**Deborah F. Boland, DO, MSPT**, and **Daniel L. Murman, MD, MS, FAAN**, report no relationship or financial interest with any entity that would pose a conflict of interest with the subject matter of this supplement.

Signed disclosures are on file at the office of *The American Journal of Managed Care*, Plainsboro, New Jersey.

---

# *Best Practices for Treating Parkinson's Disease: A Focus on Symptoms and Considerations for Managed Care*

This supplement was supported by **UCB, Inc.**

• • •

Opinions expressed by authors, contributors, and advertisers are their own and not necessarily those of Clinical Care Targeted Communications, LLC, d/b/a Managed Care & Healthcare Communications, LLC, the editorial staff, or any member of the editorial advisory board. Clinical Care Targeted Communications, LLC, d/b/a Managed Care & Healthcare Communications, LLC, is not responsible for accuracy of dosages given in articles printed herein. The appearance of advertisements in this publication is not a warranty, endorsement, or approval of the products or services advertised or of their effectiveness, quality, or safety. Clinical Care Targeted Communications, LLC, d/b/a Managed Care & Healthcare Communications, LLC, disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the articles or advertisements.